

**PARENTAL CIRCULAR**  
**BAG LESS DAY**  
**CLASS: BALVATIKA-3**

*“No books, no bag today,  
We learn through fun and play!”*

Dear Parents,

This is to inform you that the school is organizing a Bag Less Day for the students of **Class Balvatika-3** on **Wednesday, 22 April 2026**. Bag Less Day will provide students with an opportunity to break free from the confines of their heavy bags and engage in various activities that stimulate their creativity, social skills and creative thinking abilities.

The theme for the day is “**My first green step**”, aiming at fostering environmental awareness and developing love for nature.


**The activities for the day are as follows:**

- **Mantra Chanting:** The day will begin with the chanting of the Gayatri Mantra, helping students start their day with positivity and focus.
- **Badge Colouring Activity:** Students will be given a badge cut-out to colour, promoting awareness about Our Planet – Mother Earth and encouraging creativity.
- **Pattern Making Activity:** Students will be provided with a sheet featuring patterns inspired by nature, such as trees, leaves etc. They will carefully place beans along these designs, symbolizing the beauty and importance of natural resources. This activity will not only enhance fine motor skills and eye-hand coordination but also help develop concentration and patience while fostering awareness and appreciation for our planet.
- **Phonic Activity:** Students will pick a letter magnet, identify the letter, and say its phonic sound. They will then think of and share an Earth-friendly word related to nature or saving the planet (for example, R for Reuse, S for Save Water, T for Tree, P for Plant, O for oxygen etc). This activity will not only strengthen their phonetic and vocabulary skills but also inspire them to become responsible and caring young guardians of our Earth

**Note:** For the Pattern Making Activity, students are requested to bring approximately 100 grams of chana dal or kidney beans from home.

We seek your kind cooperation in ensuring your ward’s enthusiastic participation, making this day a memorable and enriching learning experience. This initiative will help children connect with their cultural roots while enhancing their communication and cognitive skills.

Warm regards,

  
Miti Dhingra  
Head of School